



NEWS YOU CAN USE

Sheakley UniComp is excited to offer our clients a new service, Nutrition Seminars. As a value added service to our clients, we are partnering with Personal NEWtrician to offer a complete listing of services related to employee wellness and getting your injured workers back to health should an injury occur. Please continue to look for more industry specific tips relating to wellness in the work place. If you'd like more information regarding this new service, please contact your Client Relations Manager at (888) 743-2559.



www.NutritionSOS.com

Corporate Wellness Programs

Personal NEWtrition has an excellent selection of corporate wellness services to help your Small, Medium or Large company to become Healthier. We are available at anytime to visit your location and present Nutrition Seminars, Lunch and Learn Seminars, Resting Metabolic Analysis, Weight Management Programs, Health Screening Tests, Blood Pressure check-ups and answer Nutrition questions your employees might have! Personal NEWtrition enjoys speaking to groups on basic to complex nutritional and health topics. Every seminar will keep your employees Motivated and they will leave with simple and practical tips to help them live a healthier life. 5 or more employees are required to participate to receive corporate program pricing.

Lunch and Learn Topics:

- 5 Strategies to a Healthier You!
- Get Motivated! Get Healthy! Get Planning!
- TransFat...What is it!
- How to Read and understand Food Labels
- Dining Out
- Menu Planning Ideas
- Nutrition 101

Price: \$200 for a 1 hour Nutrition Seminar.

513.326.8003 Phone
888.743.2559 Phone
888.626.2667 Fax

One Sheakley Way
MCO
Cincinnati, Ohio 45246

Sheakley.com
mco@sheakley.com

